## The Patidar Gin Science College, Bardoli 7.2.1-Institutional Best Practices

Institute believe that

"Cleanliness from inside and outside, health reside both sides".

Students perform the practice mentioned above for the academic excellence. It Aims to developing the talent of the students along with the practical skills and intends to make them aware of the need of cleanliness in life, both spiritual and earthly.

## Practice 1: Classes begin with the Prayer by the students every day for mental peace and inner strength of the students.

Each morning is a new beginning with new hope and aspiration. Therefore, new day should start afresh. Prayer done with the rest of the college allows every individual to start the day on a positive note. The prayer the word of wisdom and motivational passages, read and shared during the morning assembly promote spiritual well-being of each individual.

Especially, in the present area where whims and impulsiveness come at the cost of mental peace. Engrained in the heart of spirituality, prayer is the progression to deeper values in life. Its dimensions set the way to self-reflection and also understanding of bigger thing in life. Prayer when done with right attitude and intent can bring a lot to the plate for people, especially for youth whose intellectual capacity is hinged on their ability to embrace reality.

The students in the institute start their daily routine with prayer. This practice has been continue the since last 20 years.

In addition to that morning prayer build meditative, reflective spirit, which further helps one to calm his or her mind. This further improves one's concentration, which is extremely necessary for both teachers and students to get on with the day. In conclusion, having morning prayer at college is ideal because it uphold the value system established by one's College, family and society by making students aware of its importance.

The success of the prayer is proved through discipline, concentration and regularity in studies of the students.

## Practice 2: The Cleanliness programmed is frequently arranged in and out the campus.

"Cleanliness is next to Godliness" was Gandhiji's belief. Keeping this in mind, the institute motivates the students to work with faith in God because clean heart makes body work clean.

Cleanliness gives rice to a good character by keeping body, mind and soul clean and peaceful. Maintaining cleanliness is the essential part of healthy living



because it the cleanliness only which helps to improve our personality by keeping clean externally and internally.

The cleaning of Institute campus and building is done by units of NSS every month regularly, as the institute believes "charity begins at home".

The students are taught the lesson of cleanliness through

"ચોખ્ખું મારું આંગણું ચોખ્ખું મારું ઘર."

This prepares them to keep this surrounding clean leading to "Swachh Bharat". The institute extends its practice outside the campus also. Every year, it cleans Bardoli Bus depot. NSS adopts one of the nearby villages for 3 years, to educate the people regarding various essentiality of the life. It performs cleaning of village thrice in a year along with the other activities. Apart from that, the institute joints with the cleanliness program organized by RCB.

The practice of the institute is to prepare the student for the recent lead practices is learned by them from the social surrounding. The institute believes that the purpose of the education is to clean the dirt from the society through students. Institute intends to develop the practice of cleanliness from college to society to town and to the bigger level. The success of the mentioned practice is self-evident.



PRINCIPAL
THE PATIDAR GIN SCIENCE COLLEGE
SARBAR BAUG, BARDOLI-394 601